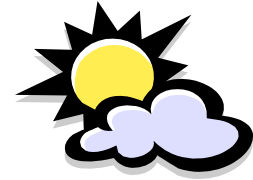


Life-Times



411 W. Mathews, Stillwater, OK 74075 405-377-0978

NATIONAL ADULT DAY SERVICES WEEK

September 15th-21st, 2019

This year is the 36th annual celebration and recognition of adult day services. The Life Center is the 3rd oldest adult day center in Oklahoma. Please help us spread awareness about our program by sharing our Facebook page!



WE LOVE UNITED WAY!

The Center applies for United Way of Payne County funding each year, and this year 11% of the overall budget is funded by the local United Way. To help the Stillwater office to fund the Center and 21 other community agencies, please donate to our "Nuts About United Way" drive. Any spare change will be accepted!

The Center will have a nut can at the front desk from Sept. 1-Nov. 30.

Any change or donations would be welcome to help the United Way of Payne County reach their goal this year. All money donated will be turned in to United Way! Thanks for helping us to help them make the community a better place with services for anyone in need.



SEPTEMBER OUTINGS

- Wed. the 11th at 9:30: Botanical Gardens
- Wed. the 18th at 1:15: Art in the Park
- Tues. the 24th at 1:00: Library Bookworms
- Thurs. the 26th at 9:15: Grey Snow Eagle House

CAREGIVER CORNER

All of these groups are free
and open to the public:

Life Center Caregiver Support
Group: *Wednesday September 18th*,
11:30-12:30. Lunch provided by
Primrose Retirement Community of
Stillwater. Rvsp to Valerie Bloodgood
or Kristy Moorman at 377-0978.

Stillwater Parkinson's Support
Group: Meets *Tuesday September 3rd*
5:30-6:30pm in Room 214 at the
Stillwater Public Library. This month's
topic is Inibra, a possible alternative
for PD OFF episodes. Guest speaker:
Stacie Cadle (Acorda
Pharmaceuticals). Visit
www.stillwaterpdsupport.weebly.com
for more information.

Alzheimer's Association:
resources, caregiver group listings,
education & training: www.alz.org or
800-272-3900.

For more information or resources,
contact Kristy Moorman, 377-0978,
lifecenter@brightok.net

The Center is CLOSED
Monday September 2nd
for Labor Day.

Life Center Board of Directors Mtg.
Wednesday September 25th
11:30-12:30



The Oklahoma Chapter of the
Alzheimer's Association is hosting a
fundraising walk at Boomer Lake
Park on Saturday November 9th. The
party starts at 8:30am and the walk
begins at 10am. If you are interested
in volunteering, organizing a team,
or donating, please visit
alz.org/okwalk to register. Contact
Kristy Moorman at 377-0978 or
Sarah Bruton, the walk organizer, at
580-232-2100 for more information.

The Center is looking for:

- Disposable plates, bowls, and flatware for picnics on the patio while the weather is nice.
- Craft paint in any color
- Snack foods: cookies, crackers, chips, breakfast bars, Peanut Butter, Decaf Coffee, Creamer, etc.
- Cleaning supplies: paper towels, Clorox wipes, bleach, toilet paper, tissues, dish soap.